

UCSF Pulmonary & Critical Care Medicine Fellowship Training Program Clinical and Educational Work Hours Policy

In accordance with recommendations from the ACGME and consistent with the UCSF Work Hours Compliance Program, the Fellowship Program in Pulmonary & Critical Care Medicine has an explicit policy regarding Work Hours. We want to ensure the best learning experience and environment for you all and work hours are a key component of this. Please report any concerns about work hours to the Program Director immediately.

The clinical rotations, weekend coverage, and attending faculty supervision are all explicitly designed to ensure that Fellows do not exceed work hour limitations. Moreover, Faculty are *always* available to cover the clinical services in the event that Fellows require relief, even if duty hour limitations have not been exceeded.

Work Hours: Work hours are defined as time spent in all clinical and academic activities related to clinical fellowship training. Work hours do not include reading and preparation time spent away from the duty site. While on call from home, only the hours spent in the hospital after being called in to provide care count toward the 80-hour limit. Specifically, work hours include all clinical and academic activities related to fellowship training:

- Patient care, both inpatient and outpatient;
- Administrative duties related to patient care;
- The provision for transfer of patient care;
- In-house call (including time spent sleeping);
- Scheduled academic activities such as conferences and research activities
- Time spent doing research

Work hours must be limited to no more than 80 hours per week, averaged over a four-week period, inclusive of all in-house clinical and educational activities, clinical work done from home, and all moonlighting.

Fellows should have eight hours off between scheduled clinical work and education periods. There may be circumstances when fellows choose to stay to care for their patients or return to the hospital with fewer than eight hours free of clinical experience and education. This must occur within the context of the 80-hour and the one-day-off-in-seven requirements.

Fellows must have at least 14 hours free of clinical work and education after 24 hours of in-house call.

Per ACGME requirements, clinical fellows must be scheduled for a minimum of one day in seven free of clinical work and required education (when averaged over four weeks). At-home call or moonlighting cannot be assigned on these free days.

Clinical and educational work periods for fellows must not exceed 24 hours of continuous scheduled clinical assignments. Up to four hours of additional time may be used for activities related to patient safety, such as providing effective transitions of care, and/or trainee education.

In rare circumstances, after handing off all other responsibilities, a clinical fellow, on his/her own initiative, may elect to remain or return to the clinical site in the following circumstances: to continue to provide care to a single severely ill or unstable patient; humanistic attention to the needs of a patient or family; or to attend unique educational events. These additional hours of care or education will be counted toward the 80-hour weekly limit.

Fellows must be scheduled for in-house call no more frequently than every third night (when averaged over a four-week period).

Time spent on patient care activities by clinical fellows on at-home call must count towards the 80-hour maximum weekly limit. The frequency of at-home call is not subject to the every third night limitation, but must satisfy the requirement for one day in seven free of clinical work and education (when averaged over four-weeks). At-home call must not be so frequent or taxing as to preclude rest or reasonable personal time for each fellow. Clinical fellows are permitted to return to the hospital while on at-home call to provide direct care for new or established patients. These hours of inpatient patient care must be included in the 80-hour maximum weekly limit.

Once again, we are committed to ensuring your education and well-being. If there are any concerns about work hours, or if you think you might be close to violating work hours, please contact your Program Director and/or rotation director immediately so that we can find clinical coverage right away.

Revised December 11, 2018
Approved by Pulmonary & Critical Care PEC XX, XX, 2018
Approved by GMEC XX, XX, 2018